#### Dear Guest,

At whitford we handpick the very best quality ingredients from a brigade of local and artisan suppliers. This ensures that only the freshest & most flavoursome food is served to our guests, whilst supporting the local economy and the environment. The following is a list of our friends in food: Atlantis of Kilmore Quay, Richie Doyle's Meats, Castle Brand Eggs, Cullen's Fruit & Vegetables, Stafford's Bakery, Greenhill Fruit.

\* PLEASE NOTE IT IS NOT POSSIBLE FOR BILLS TO BE SPLIT FOR PARTY'S OVER 6 PAX

### **STARTERS**

Starter Mains
Panfried Succulent King Prawns €11.95 €23.25 And Spicy Chorizo in a rich Garlic & Spring Onion Butter. Served with a Crusty Focaccia Dipping Bread. <i>Contains:</i> Wheat (M) (CN) (S) (CY
Melting Goats Cheese & Red Onion Marmalade Tartlet Perched on Pesto flavoured Rocket, €10.50 €20.95 Caramelized Walunts, drizzled with Balsamic Reduction. Contains: Wheat (E) (MD) (CY) (S) (SE) (M)
<b>Loaded Tex Mex Potato Skins</b> €10.50 €19.50 Filled with Spicy Beef Mince, topped with Melting Cheese & crunchy Nachos with Taco Mayonnaise. <i>Contains:</i> (M) (SD) (CY) (MD) (S)
Whitford Style Finger Lickin' Chicken Wings €10.50 €19.95 Sprinkled with Sesame Seeds served with Blue Cheese Dip & Celery Sticks. Contains: Wheat (M) (CY) (MD) (E)
Richie Doyle's Succulent Baby Back Ribs €11.95 €24.00 Coated in a rich BBQ Glaze, served with Pineapple, Sweet Bell Pepper & Cherry Tomato Kebab. <i>Contains: Barley (SD) (SE) (CY) (MD)</i>
Crispy Duck & Vegetable Spring Rolls €10.95 €20.95 With Oriental Dipping Sauce. Contains: Wheat (CY) (M) (S) (SE)
Classic Egg Mayonnaise
Chef's Homemade Soup of the Day €6.50  Served with crusty bread roll or wholemeal brown bread  Contains: Wheat (M) (CY) (SD)
Golden Fried Sesame Crusted Mushroom . €9.95 €15.95 Served with a Aioli Dip & Salad Garnish. Contains: (M) (SE) Wheat (MD) (E)
Caeser Salad
Forthside Chunky Seafood Chowder €10.95 Served with Wholewheat Bread Meal it up: Bowl of Chowder, Garlic Bread & Chips €16.50 Contains: (M) (CN) Wheat (CY) (MS) (E) (F) (SD)
All stantana and available in main severe size and are served

All starters are available in main course size and are served with Chips & Salad or Vegetables & Potatoes. Contains (M)



# Bistro Menu

#### **MAINS**

ALL ITEMS ON THIS MENU ARE COOKED TO ORDER. PLEASE ALLOW FOR COOKING TIME.
ALL OUR BEEF IS OF IRISH ORIGIN.
ALL MAIN COURSES COME WITH CHIPS OR POTATOES & VEGETABLES
SIDE SALAD AVAILABLE ON REQUEST

#### FROM THE GRILL

FROM THE GRILL	Wh 4oz
Richie Doyle's 10oz Dry Aged Sirloin Steak: €29.95 Rested on creamy Champ Mash garnished with crisp Onion Rings & a Mushroom Duxelle Stuffed Tomato, choice of Spring Onion & garlic butter or creamy pepper sauce.  Contains: (SD) Wheat (E) (CY) (M)	Ger Bric & To <b>Ope</b> Gol
Large Mix Grill:	Bre Ton Red <b>Ove</b>
Small Mix Grill:	Witi Cha <b>Wh</b>
The Yorky:	Swe Chic Pra
Double Stack Burger:	The Gol
Single Stack Burger with above dressing €15.95	Con <b>Gril</b>
Whitford Style Tender Lamb Shank	Wit & Li Gol Wit
Thai Green & Lime Curry  Sugar Snaps, Pok Choi & Green Pepper.  Served with Scented Rice & Prawn Crackers  Chicken. Contains: (M) (F) (CY) (SD)€19.95  Prawns. Contains: (CY)€23.95	Con Blac Whi Swe Con

glazed with Orange, Ginger & Hoi Sin Jus.

Contains: Wheat (S)

t	Whitford BBQ Plate:
	Open House Chicken Burger
	Oven Roast Breast of Chicken
	Whitford Signature Oriental Sizzler Fresh Plum, Pineapples, Sugar Snaps & Pok Choi, coated in a Sweet Soya, Hoi Sin & Plum sauce & served with Scented Rice. Chicken Oriental Contains: Wheat (SE) (S) (CY) €19.95 Prawn Oriental Contains: Wheat (SE) (S) (CY) (CN) €23.95
	FROM THE SEA  All our fish is locally sourced from Atlantis of Kilmore Quay and subject to availability
р	The Fisherman
	Grilled Fillet Of Haddock
	Golden Fried Nacho Crusted Cod Goujons
	Blackened Salmon
	Contains: (CY) (F) (M)

ALLERGENS - All 14 allergens are used openly through-out the kitchen. Please inform your server of any allergens.

\*Gluten = all glutens are individually noted; \*Crustaceans = CN; \*Eggs = E; \*Fish = F; \*Molluscs = MS; \*Soybeans = S; \*Peanuts = P;

\*Nuts = all nuts are individually noted; Milk = M; \*Celery = CY; \*Mustard = MD; \*Sesame Seeds = SE; \*Sulphates = SD; \*Lupin

## SALADS

	Seasonal Leaves & Cheddar Cheese. Served with homem Brown Bread. Contains: (SD) (M) (MD) Cashew (E) Whea	ade
Seasonal Seafood Salad		, Shrim
	Summer Salad	ange &
	ADDITIONAL SIDE ORDERS:	
	Savoury Rice	
	Creamed Potatoes (M)	€4.15
	Chips (M) (CY) Wheat	€4.15
	Selection of Vegetables: (M)	€4.15
	Side Salad <b>(MD) (SD)</b>	
	Onion Rings Wheat (M)	
	Spicy Wedges Wheat (CY)	
	Crusty Garlic Bread: (M) Wheat	.€6.25

Home Cooked Cold Meat Salad . . . . . . . . . . . . . . . . . . €19.50

Roast Breast of Chicken, Sirloin of Beef, Honey Glazed Back

# 9 INCH PIZZA

# ALL OUR PIZZAS ARE SERVED

WITH A GARLIC DIP		
ALL SERVED WITH CHIPS. SIDE SALAD AVAILABLE ON REQUEST (*) Can be made Gluten Free. (V) Can be made Vegetarian. Contains: (M)		
Melting Margherita Pizza €13.95 Italian Mozzarella Cheese & Grated Cheddar & Tomato Sauce.  Contains: Wheat (M) (SD) (MD) (E)		
Spicy Pepperoni		
The Hog Pizza		
Loaded Meat		
Veggie Pizza		

Contains: (M) (MD) Wheat (E)

# VEGAN MENU STARTERS

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<b>Tex Mex Roasted Corn On The Cob</b> € With Salsa Dip. <i>Contains:</i> <b>(CY) (SD)</b>	7.95
Summer Berry & Orange Smoothie With Strawberry Kebab Contains: (SD) €	7.95
Crisp Potato Skins Filled with Sweet Chilli Vegetables, Melting Cheese. Contains (S)	7.95
MAINS	
Sweet Potato Falafel Wrap	
Mushroom & Potato Hash €1 Sauté Potato, Sliced Mushroom, Sundried Tomato & Spinach, Cajun Spice. Contains: (SD)	7.95
Fajita Rice with Sugar Snaps €1 Mushroom, Pineapple & Peppers. Contains: (CY) (SD)	5.95
Whitford Vegan Spice Bag €1  Vegetables, Chips & Vegan Sausage tossed in a Spice Bag Mix.  Contains: Wheat (S)	7.95
Crisp Nachos	5.95
DESSERTS	
Warm Apple & Oat Crumble € Served with Sorbet. Contains: Oats.	7.50
Fresh Fruit & Berry Salad served with Sorbet €6 Gluten Free	5.95
Caramelised Banana with Summer Berry Compote € Gluten Free	6.95

# **VEGETARIAN OPTIONS**

Cauliflower Wings
Penne Pasta
Dees Samosa
Homemade Chickpeas & Vegtable Burger €17.95 Coated in Pinhead Bread Crumb, served in a soft Brioche Bun, Spiced Cheese, Gem Lettuce & Taco Sauce. Contains: Wheat (M) (E) (MD)
Thai Green & Lime Vegtable Curry €17.95 Served with Savoury Rice. Contains: (CY)





## **GLUTEN FREE MENU**

GLUTEN FREE IVIENU			
Panfried King Prawns & Spicy Chorizo			
In Rich Garlic & Spring Onion Butter, Gluten Free Bread.  Contains: (M)(CD)(CY)(S) Small €11.95 / Medium €23.95			
Loaded Tex Mex Potato Skins Melting Cheese & Nachos, Taco Mayonnaise.  Contains: (M)(SD)(CY)(MD)(S) Small €10.50 / Medium €19.50			
Classic Egg Mayonnaise			
Chef Homemade Soup Of The Day €6.50 Gluten Free Bread. Contains: (M)			
Forthside Chunky Seafood Cowder €10.95 Gluten Free Bread. Contains: (CN)(F)(M)			
Warm Cajun Chicken Caesar Salad With Parmesan Shavings Contains: (M)(E)(MD)(CY)(SD) Small €10.95 / Medium €18.95			
PIZZAS			
All served with Chips and Side Salad on request			
Margherita Contains: (M)(SD)(MD)(E)       €13.95         Spicy Pepperoni Contains: (M)(SD)(MD)(E)       €14.95         Loaded Meat Contains: (MD)(SD)(M)(E)       €14.95			
MAINS			
Penne Pasta			
<b>10oz Sirloin Steak</b>			
Mix Grill:€16.95 2 Rashers, 2 Gluten Sausages, Onion & Mushrooms, Fried Egg & Pork Chop. Contains: (E)(SD)(M)			
Thai Green Curry with Rice         Add Chicken (M)(CY)(SD)       €19.95         Add Prawns (M)(CD)(CY)(SD)       €23.95			
Lamb Shank			
On Honeyed Butternut Squash, Gluten Free Gravy.  Contains: (SD(S)(CY)			
Grilled Fillet Haddock			
Duo of Monkfish & King Prawns			
Contains: (F)(CD)(M)(SD)  Gluten Free Sausages with Chips€8.35			
or Potato and Vegetables. Contains: (M)  Gluten Free Chicken Goujons with Chips €8.35			
or Potato & Vegetables. Contains: (M)  DESSERTS			
Chocolate or Blueberry Muffin €7.30			
Served with Raspberry Sorbet & Fresh Fruit. Contains: (E)  Aoife's Chocolate Brownie			
With Chocolate Sauce. Contains: (E)(M)  Aoife's Bread & Butter Pudding €7.30			
With Custard & Cream. Contains: (M)(E)			
Fresh Fruit & Berry Salad served with Sorbet €6.95			
Caramelised Banana with Summer Berry Compote €6.95  Greenhill Summer Berry & Fresh Fruit Paylova €7.50			
Greenhill Summer Berry & Fresh Fruit Pavlova €7.50  Served with soft whipped ice-cream & Warm Custard.  Contains: Wheat (M)			
Gluten Free Reer also available			

Gluten Free Beer also available

## **SANDWICHES**

SANDWICHES
Prepared to order and served with any of the following fillings:  Back Bacon (SD), Cheese (M),  Chicken(CY), Chicken & Stuffing (Wheat) (MD) (M)
or Salad Mix (MD) (E) (M) Wheat
Sandwich with 1 Filling (Wheat) (M) €6.85 Add Combo: Soup or Chips (Contains M) €11.25
Freshly Cut Sandwiches with 2 Filling (Wheat) (M) €7.30 Add Combo: Soup or Chips (Contains M) €11.75
Freshly Cut Sandwiches with 1 Meat & 2 Filling €7.90 Contains: (Wheat) (M) (SD)  Add Combo: Soup or Chips (Contains M) €12.50
Gluten Free Bread with 2 Fillings €7.30 Add Combo: Soup or Chips (Contains M)
With 3 Fillings
Tortilla Wrap (Wheat)
Whitford Toasted Special €8.95 With home cooked Bacon, Cheddar Cheese, Tomato and Onion, served with Salad and Nachos. Contains: Wheat (M) (MD) (E) Add Combo: Soup or Chips (Contains M) €13.50
Classic Toasted Sambo
Add Combo: Soup or chips (Contains M) €13.50  All Sandwiches are accompanied with Taco Dip,
SPECIALITY SANDWICHES
Open Steak Sambo
<b>Toasted Chicken</b>
Spiced Chicken Salsa Bake
Golden Chicken Tender Wrap
<b>ICE CREAM SUNDAES</b>
Eton Mess Sundae €7.50  Crunchy Meringue pieces with Summer Berry Compote, layered between soft Whipped Ice-Cream. (Wheat) (M)
Upside Down 99
Raspberry Ripple and Jelly Sundae €7.50 Fruit Jelly layered with fresh Raspberries & Vanilla Whipped Ice-Cream. (Wheat) (E) (M)
Warm Apple Shortbread & Custard Sundae €7.50 Layered between soft Whipped Ice-Cream. (Wheat) (E) (M)
<b>Death by Chocolate Sundae</b>
Ice-Cream & Chocolate Sauce. (Wheat)(E) (M)

# HOMEMADE DESSERTS FROM OUR PASTRY CORNER

Apple & Blackberry Crumble €7.50 Served with soft whipped Ice-Cream & Warm Custard. Contains: Wheat (M)
Greenhill Summer Berry & Fresh Fruit Pavlova €7.50 Served with Chocolate Shavings & Summer Coulis. Contains: (E) (M)
Double Chocolate Marshmallow Brownie €7.50 Served with Chocolate Sauce & Honeycomb Ice-Cream. Contains: (M) Wheat (E)
Classic Strawberry Tartlet €7.50  Pastry Case filled with Pastry Cream, topped with Glazed strawberry's, served with Refreshing Sorbet.  Contains: (M) Wheat (E)
Banoffi Cheesecake
Selection of Delux Ice Cream
Warm Bread & Butter Pudding
Gluten Free Chocolate or Blueberry Muffin €7.30 Served with Summer Sorbet & Fresh Fruit. <i>Contains:</i> (E)
Homemade Scones

## **CHILDREN'S DESSERTS**

Belgium Sweet Waffle, topped with Vanilla whipped Ice-Cream, Butterscotch Sauce and Smarties. Contains: (Wheat) (E) (M)
Gru Junior Pancake Stack
Phantom Menace Dark Side €5.80  Warm Chocolate Brownie, Marshmallows and Chocolate Sauce.  Topped with whipped Ice-Cream and Chocolate Crunch.  Contains: (Wheat) (M) (E)
Robot Dreams
Woody Woodpeckers Knickerbocker Glory €5.80 Fruit Jelly, Summer Berries and Strawberry syrup. Topped with whipped Ice-Cream and Chocolate Flakes. Contains: (Wheat) (M)

## TEAS / COFFEES

	, ., ,		
Tea	€2.80	Hot Chocolate €4.85	
Cappuccino	€4.00	Irish Coffee €7.50	
Espresso	€3.65	Baileys Coffee €7.90	
Americano	€3.85	Calypso Coffee €7.90	
Latte	€4.00	Russian Coffee €7.90	
Iced Coffee Frappé . Herbal Tea		French Coffee €7.90	
Fancy a Shot of Flavor			
Whitford Frappe			